



Manitoba Brain Injury ASSOCIATION

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**Supporting each
other towards
a new beginning**

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**Manitoba Brain Injury
ASSOCIATION**

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P.A.R.T.Y. Coordinator :

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Facilitator/Social Worker :

Tina Di Fronzo

UPCOMING EVENTS

MBIA Annual General Meeting

- * Date : June 22
- * Time : 5—7 PM
- * Location : SMD Building

MBIA Brandon Walk

- * Date: May 28
- * Registration begins @ 1 PM
- * Location: Riverbank Discovery Centre
- * Address: 545 Conservation Drive

MBIA MISSION

To offer help and hope to individuals and families living with the effects of brain injury through direct services, education and advocacy; to promote independent living and a sense of community among those affected; and to educate all Manitobans towards the prevention of acquired brain injury

Contact us: (204) 975-3280

Visit us: www.mbia.ca

Email: info@mbia.ca

Like us on FB: Manitoba Brain Injury Association

Follow us on Twitter: @MBBrainInjury

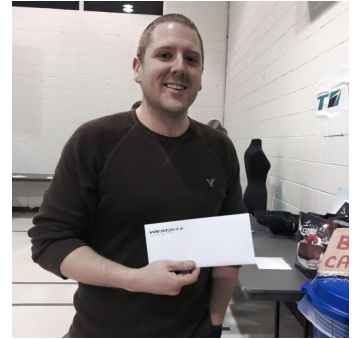
MBIA Social 2016

Last February 20, 2016, MBIA hosted its first fundraising social at Corydon Community Centre. Over the years, “social” is as much a part of Manitoba culture as our cold weather.

The social drew a crowd of MBIA members, family, and friends on a Saturday winter night. It had everything everyone needed: DJ, music, paper plates filled with Dutch chips, simple bar menu and pizza!

There were tons of silent auction prizes won and one lucky person took home a cash prize from the 50/50 raffle draw.

Thanks to the leadership of Tamara Baldes — MBIA board member, the MBIA social was a success.



MBIA Annual Walk

Sunday, August 28 is the date of the 12th Annual Walk for the Winnipeg Group. It will be at the Conservatory which is near the Roblin Boulevard entrance.

Registration begins at 10 am and the Walk will start at 11 am. A light lunch will be served after the Walk followed by the draws for the Auction prizes. It is an enjoyable day so please plan to attend. Monies raised support the different programs.

JUNE is Brain Injury Awareness Month

During the month of June throughout Canada, MBIA is observing the Brain Injury month to highlight awareness on the effects and causes of brain injury across Canada.

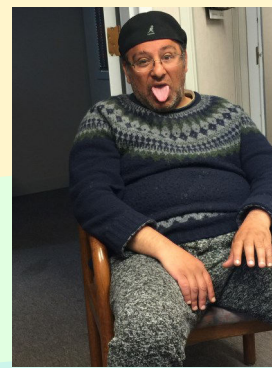
We encourage everyone to help educate the public about the incidence of brain injury and the needs of people with brain injuries and their families. We can educate the community to destigmatize the injury, empower the survivors, and promote the types of support that are available, including services provided by MBIA.

To start the awareness month campaign, some MBIA members will be at the June 2nd Winnipeg Goldeyes game and have the opportunity to inform the public of the said campaign. Let us all help in raising awareness of this hidden disability.

BRAIN INJURY FACTS:

- Brain injury is the most likely to result in permanent disability and death
- Brain injury is the greatest killer under the age of 45, the greatest disabler under the age of 44 and kills more children under the age of 20 than all other causes combined.
- Approximately 1.5 million people in Canada are living with brain injury.
- Survival rates have increased with advanced trauma services and improved treatment options. And that's a good thing.

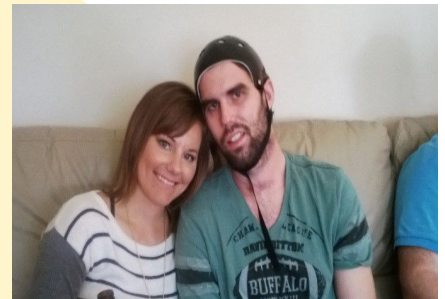
Survivors come to the support group meeting not only to support each other but also to share food together. Last winter, we decided to have a potluck once a month to fill our stomach with delicious food brought by members.



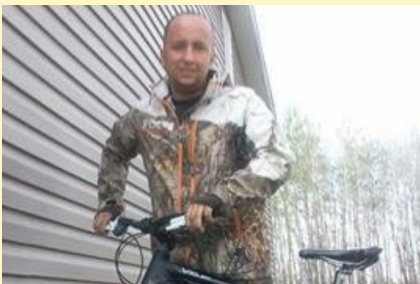
Fundraising Activities

DAVID'S JOURNEY: Fundraising run on July 15, 2016

Mandi Jacobson, wife of David who sustained a brain injury 3 years ago, decided to do this run to support other people out there affected by brain injuries. Brain injuries affect so many people in so many ways and it can also be such a hidden injury to the outside world. She would like to raise more awareness of traumatic brain injuries, through a run of David's journey of the accident and his road to recovery. All the money that raised will go directly to the **Manitoba Brain Injury Association** so they can help support other people like David. The run will take place on July 15th 2016 marking the three year date of his injury. Supporters will be running David's journey, a total of 42.3 km's a full marathon. All donations can be made to www.mbia.ca where there will be a webpage provided with David's story. Or feel free to contact Mandi with any questions at: majacobson@wsd1.org



JORDAN RILEY CHARITY BIKE RIDE FOR MBIA



Meet Jordan Riley. On November 29, 2015. Jordan suffered a traumatic brain injury, resulting from a fall from his roof. Jordan was transported to Winnipeg, Manitoba. Where he was diagnosed with a subdural hematoma and a fractured skull. Jordan immediately underwent extensive surgery to stop the bleeding in his brain. The odds of a full recovery did not look well. Jordan remained in hospital for a month, and from there went on to complete 4 weeks of extensive rehabilitation. Since then he has defeated the odds, and

returned back to a normal life.

Today, Jordan has decided to use his experience to bring awareness to people suffering with brain injuries. On September 10, 2016. Jordan will ride from Lac du Bonnet, Manitoba to Winnipeg, Manitoba and back. A distance of 214km. **All in support of Manitoba Brain Injury Association.**

Please support him in his charity bike ride. Every little bit counts. No donation is too big or too small. All money collected will be donated to Manitoba Brain Injury.

Visit: <https://www.gofundme.com/24k5svr4>

Wrap-up BBQ

The Survivors group in Winnipeg will be having their wrap-up barbeque on June 15. This has always been a great evening of tasty food and warm fellowship.

Please RVSP for your attendance.

Date: June 15

Time: 5—7 PM

Location: Pembina Woods Housing Co-op @ 81 University Crescent on Main Floor

Group Meetings & Activities

- **Survivor's Group**
 - First three Wednesday's of the month
 - 7 — 9 PM
- **Caregiver's Group**
 - Third Wednesday of the month
 - 7:30 — 9 PM
- **Discussion Group**
 - Every Thursdays of the month
 - 2 — 4 PM
- **Movie Night**
 - July 14 & 28, August 11 & 25
 - 2—5 PM
- **No Group Meetings during the months of July & August**
- **Activity Day**
 - June 2 & August 18
 - 10:30 AM @ Goldeyes Baseball Stadium
 - Limited # of tickets available
 - RSVP for your attendance
- **Boston Pizza Night**
 - Last Wednesday of the month
 - 333 St. Mary's Ave (City Place)
 - 7—9 PM
 - Cost **not** covered by MBIA
- **Bowling Night**
 - Every Thursday Evening
 - 5—7 PM
 - @ Polo Park Shopping Centre
 - Cost **not** covered by MBIA

In the News

OBIA Training & ABI Networking Dinner

On May 10-13, 2016 MBIA partnered with Selkirk Mental Health Centre and brought a 4-day course to Manitoba designed and delivered by Brock University and Ontario Brain Injury Association. 101 people from across Manitoba and Southwestern Ontario participated in the Neurorehabilitation Training which aimed to provide excellent and practical solutions to helping ABI survivors transition to community.

As part of the training, a networking dinner was also held on May 12, 2016 at Selkirk Golf and Country Club attended by various agencies, professionals, family and stakeholders in the brain injury community.



Valentine's Day Raffle Winners

Congratulations to Raj Ghotra, the Valentine's Day Raffle winner for the \$1,200 Diamond Necklace & to Brenda Bacon for the \$75 Running Room Gift Certificate.

Board Nomination

Nominations to the board of directors are being sought. Elections will take place at the Annual General Meeting on June 22. All nomination require the consent of the nominee and two (2) signatures of the nominators. See insert for nomination forms.

All completed nomination forms must be received no later than 4:30 PM on Wednesday, June 15, 2016.

Friends of MBIA

MBIA thanks the following individuals and organizations who contributed for 2016 MBIA Social:

KID CITY

Winnipeg Jets

McNally Robinson Booksellers

Cora's Breakfast

WestJet

Betula Lake Resort

Birchwood Automotive Group

Across The Board game cafe

Super Lube Auto Centre

Marriages Spa

Bonfire Bistro

Chaise's Café

Old Spaghetti Factory

Manitoba Chamber Orchestra

Pizza Pizza

Fairmount Hotel

Rae & Jerry's Steak House

Prairie Theatre Exchange

Oakwood Café

Winnipeg Symphony Orchestra

European Shoe

MB Liquor & Lottery

Coronation Bowling

Curves @ Waverly

Love Nest

The Forks

FROGBOX

Allan & Simone Penner

Deanna Ng

Special thanks for Tamara Baldes for
colleting gifts and donations and helping us preparing
for the event.