

Spring 2017



Manitoba Brain Injury ASSOCIATION

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“WE’VE BEEN THERE, WE CAN HELP”

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Supporting each
other towards
a new beginning

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Manitoba Brain Injury ASSOCIATION

UPCOMING EVENTS

Board of Directors

President :

Kristyn Cain

Vice-President :

Shirley Smith

Secretary :

Laura Taylor

Treasurer :

Fred Dugdale

Directors :

Chelsea Thomson Hawkins

Val Bergeron

Troy Pauls

Dave Brown

Tamara Baldes

Crystal Gurney

Jorge Laba

Garry Batenchuk

MBIA AGM

- ◆ Date : Thursday, June 22
- ◆ Time : 5 — 7 PM
- ◆ Location : Room 203—825 Sherbrook Street
- ◆ RSVP for attendance
 - by calling: (204)975-3280 or
 - by emailing: info@mbia.ca

MBIA Winnipeg Walk

- ◆ Date : Sunday, August 27
- ◆ Registration starts: 10:00 AM
- ◆ Location : Assiniboine Park Conservatory Tent

MBIA MISSION

To offer help and hope to individuals and families living with the effects of brain injury through direct services, education and advocacy; to promote independent living and a sense of community among those affected; and to educate all Manitobans towards the prevention of acquired brain injury

Staff

Executive Director :

David Sullivan

Office Administrator :

Satoshi Yamashita

P.A.R.T.Y. Coordinator :

Gladys Hrabí

Facilitator/Social Worker :

Tina Di Fronzo

Contact us: (204) 975-3280

Visit us: www.mbia.ca

Email: info@mbia.ca

Like us on FB: Manitoba Brain Injury Association

Follow us on Twitter: @MBBrainInjury

New Funding Partnership

On April 27, 2017 MBIA officially welcomed Manitoba Royal Purple Association (MRPA) as a funding partner.

The exclusive partnership aims to raise funds, facilitate awareness, promote prevention, and advocate for better support for Manitobans living with brain injury.

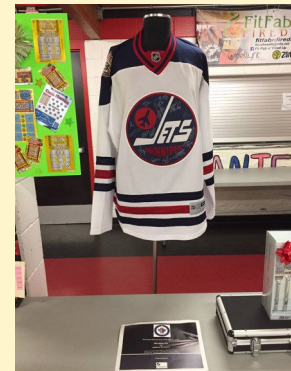
We are excited for this partnership. Looking forward to work with MRPA President Belva Wiggins and the rest of MRPA members.



MBIA Fundraising Social

After the success of last year's fundraising social, MBIA hosted another social on March 24, 2017 at Earl Grey Community Centre. Manitoba's social is as much a part of Manitoba's culture as our cold weather.

The social drew a crowd of MBIA members, family, and friends on a Friday night. Our friends from the health care community and facilities also came to support the event. The Honourable Jon Gerard also graced the social. It was a night filled with silent auction prizes, 50/50 tickets, music, pizza, drinks, and dancing. Everybody danced their way to the dance floor.



Some active members were lucky enough to bring home the cash prize of 50/50 and our very own long time member Scott Rees took home the grand prize of signed Winnipeg Jets Jersey.

We thank everyone who came and support the MBIA social. We hope we will have a bigger one next year.

13th Annual MBIA Walk

Winnipeg

The Annual MBIA walk is on its 13th year! Please join us on August 27, 2017 at the Assiniboine Park Conservatory. We encourage everyone to form a “team” of family and friends. You can call MBIA office for a copy of the pledge form. Bring the pledge form on the day of the walk to serve as your registration.

You can also register on the day of the walk. Registration begins at 10 am and the Walk will start at 11 am. A light lunch will be served after the Walk followed by the draws for the Auction prizes.

The Annual Walk is our major fundraising event. We hope to see you there.

Brandon

The MBIA Brandon Chapter will hold their 5th Annual Walk on June 3, 2017 at the East End Community Centre. If you live near Brandon or have family and friends who live there, encourage them to come out and join the walk. There is no registration required but you are welcome to make any amount of donation.

“We`ve Been There, We Can Help”

MBIA resource hand book



A new and updated version of the MBIA handbook titled ‘**We`ve Been There, We Can Help**’ is now available for download on our website at www.mbia.ca. If you prefer a printed copy, we ask for a donation of \$5.00. The updated version is more comprehensive which includes a journal to track down your recovery progress. This project was made possible with a grant from The Winnipeg Foundation.

MBIA believes that there are no magic solutions to the anxiety and fear that brain injury survivors, their families, and friends go through following diagnosis. But we hope that the handbook will provide some guidance and insight. It was written with a deep sense of empathy and a desire to help you and your loved ones now and throughout the journey of recovery.

Knowledge is empowering and liberating and makes rational decision-making possible. A lack of knowledge leads to fear, misconception, poor decisions, and stress. The more we know and understand about acquired brain injury generally and our own brain injury in particular, the greater the possibility of making a full recovery and achieving the quality of life we seek.

Notice for 2017 MBIA Annual General Meeting

The MBIA AGM will be held on Thursday, June 22, 2017 at Room 204 Society for Manitobans with Disabilities (SMD) commencing at 5:00 pm.

The meeting will deal with the following business:

1. Provisions for Bylaws

There are provisions to make changes to the MBIA Bylaws.

2. Treasurer's Report

Reviewed Financial Statements

3. Board member nominations.

Nominations to the board of directors are being sought. All nomination require the consent of the nominee and two (2) signatures of the nominators. See insert for nomination forms. Please nominate someone you think would be valuable to the organization.

4. Elections

Members will elect 5 vacant board member positions. Interested individuals may submit their nomination form.

Note:

All completed nomination forms must be received **no later than 4:30 PM on Wednesday, June 8, 2016.**

All members are invited to attend. Refreshments will be served.

Please submit any topic for consideration at info@mbia.ca on or before June 8, 2017.

Group Meetings & Activities

Upcoming Summer Activities

- Wrap-up BBO @ Assiniboine Park
 - ◆ Wednesday, June 14 from 5:00 to 7:00 PM @ Duck Pond

- Winnipeg Folk Festival
 - ◆ Friday, July 7
 - ◆ 9:00 AM to 4:30 PM
 - ◆ Must register with office - **only limited number of tickets available**

- Winnipeg Goldeyes Games
 - ◆ Wednesday, July 19 from 9:30 AM to 1:30 PM @ Shaw Park
 - ◆ Wednesday, August 23 from 9:30 AM to 1:30 PM @ Shaw Park
 - ◆ Must register with office - **only limited number of tickets available**

- Movie Day @ SMD—825 Sherbrook St
 - ◆ Thursday, July 6 & Thursday, August 10 from 1:00 to 3:00 PM

- **Survivor’s Group**
 - First three Wednesday’s of the month
 - 7 – 9 PM
- **Family Caregiver Group**
 - 4th Wednesday of the month
 - 7:30—9:00 PM

- **Spouse/Partner Caregiver Group**
 - 3rd Wednesday of the month
 - 7:30 – 9 PM
- **Discussion Group**
 - Every Thursdays of the month
 - 2 – 4 PM

No Group Meetings during the months of July & August

If you require further information regarding services offered at MBIA please contact us at (204)975-3280

Friends of MBIA

MBIA Fundraising Social Donors

MBIA thanks following sponsors for helping us to continue to hold our **MBIA Social**:

Boston Pizza	McNally Robinson
Caughlin Insurance	Peg City Car Co-op
Chaise Café	Pylon—Polo Park
Chicken Delight	Rae & Jerry's Steakhouse
Dwarf no Cachette	Shakti
Enigma Escapes	Thermea Nordik Spa
Fairmont Hotel—Winnipeg	Tony's Pizza
Karma Esthetics	True North—MB Moose
Manitoba Human Rights Museum	Winnipeg Symphony Orchestra
Manitoba Opera	Wow Hospitality

MBIA thanks the following individuals who contributed for **MBIA Social**:

Chelsea Thomson Hawkins	Kristyn Cain
Darlene Graham	Sam Dube
Dr. Michael Ellis	Shirley Smith
Garry Batenchuk	Tamara Baldes
Helen Corkett	Valerie Bergeron

June is Brain Injury Awareness Month

During the month of June throughout Canada, MBIA is observing the Brain Injury month to highlight awareness on the effects and causes of brain injury across Canada.

We encourage everyone to help educate the public about the incidence of brain injury and the needs of people with brain injuries and their families. We can educate the community to de-stigmatize the injury, empower the survivors, and promote the types of support that are available, including services provided by MBIA.

To start the awareness month campaign, some MBIA members will be at the June 2nd Winnipeg Goldeyes game and have the opportunity to inform the public of the said campaign. Let us all help in raising awareness of this hidden disability.

BRAIN INJURY FACTS:

- Brain injury is the most likely to result in permanent disability and death
- Brain injury is the greatest killer under the age of 45, the greatest disabler under the age of 44 and kills more children under the age of 20 than all other causes combined.
- Approximately 1.5 million people in Canada are living with brain injury.
- Survival rates have increased with advanced trauma services and improved treatment options. And that's a good thing.

Visit our Facebook page and Twitter for any updates for the brain injury month. You can also send us an email to let us know of any ideas you have to commemorate the event.

If you are so inclined, call your MLAs/MPs and let them know about Brain Injury Awareness Month. Together, we can make our voices heard and have more attention given to the physical, social, and economic effects of living with brain injury.