
MANITOBA BRAIN INJURY ASSOCIATION (MBIA)

Fact Sheet

Background

The Manitoba Brain Injury Association (MBIA) was established in April, 1987 by a small group who recognized the value of education and support for those affected by a brain injury. Originally called the Manitoba Head Injury Association, these individuals were dedicated to meeting and supporting one another and providing education about brain injury to the community. After nearly 20 years, the MBIA is governed by a Board of Directors made up of respected individuals from the community, has a membership of approximately 400 and provides a variety of programs and services.

Mission

The Manitoba Brain Injury Association is dedicated to providing education about brain injury and support for individuals and families living with the effects of brain injury and for others who support these individuals.

Guiding Principles

- For the Members by the Members
- Support
- Awareness
- Partnerships
- Education
- Advocacy

Support Services

- Support Groups for Survivors and Caregivers
- Support Groups for Young Adults
- Peer Support
- Headways Social Group
- Empowerment Series

Prevention and Education

- MBIA educates Manitoban students (grades 9-12) about the effects risk taking behaviour can have through the Prevent Alcohol and Risk Related Trauma in Youth (P.A.R.T.Y.) Program.
- The Advocacy Training Program helps members to better understand the system and how it works, and educates them about their rights and responsibilities.

Member Resources

- Quarterly newsletter (*MBIA News*)
- Library of brain and brain injury related information
- Video resources

